

Career Tips

How to Mingle at Receptions, Parties and Events Successfully

Everyone has a different reason for attending receptions or social gatherings. But many of you worry why you are there and what you should do when you get there. A root canal to some people can be easier than entering a room of strangers. Take a deep breathe, enter with your shoulders back, a lot of confidence and ready to meet new people. Just remember that someone you meet could change your entire career and provide that success or that next step you need.

No matter you reason for attending, arrive on time with plenty of business cards. Approach groups of two or three people with a firm handshake and a warm smile. Meet, greet, exchange a little conversation and when you feel you exhausted that conversation, shake hands again and move on. If there is a host or hostess, always approach them and thank them for the invitation and make a comment or two about the event. Make sure you are dressed appropriately, don't over eat or drink and have 5-10 topics ready to go for discussion. Avoid politics, religion and personal questions until you get to know them a lot better.

Make the next reception worth your while and not just an evening of free drinks and food.

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